

PQ TRIUMPHS IN QUEBEC ELECTION

PAULINE MAROIS AND HER PARTI QUÉBÉCOIS
JUST SHY OF MAJORITY GOVERNMENT PAGE 8



Wednesday, September 5, 2012





Larger class sizes await students

Education cutbacks.

Teachers' union president calls declining enrolment 'an excuse'

As students return to classes across HRM on Wednesday, there will be fewer teachers welcoming them.

The Halifax Regional School Board has cut over 150 teaching jobs for the upcoming school year, meaning more kids per classroom.

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"Where we proportionally have fewer teachers for slightly less students, the math is such that class sizes have to go up," conceded Mike Christie, director of human resources for the board.

Christie says no permanent teachers were laid off in last spring's cuts, but there are fewer openings for substitutes and



term positions.

"There are a number of

people who have worked in past years and won't be working this year," said Christie. "It's still tough."

The provincial government has reduced education funding by \$13.4 million for this year, adding to last year's cut of \$17.6 million. This has led to reductions among school boards across the province, including cuts to teachers.

"The impact has been negative, of course," said Shelly

Morse, president of the Nova Scotia Teachers Union, of the cutbacks. "It doesn't make it very contive to learning."

"The government is talking about families first. This is not putting families first when you keep clawing away at the resources in the schools."

Not only does a smaller number of teachers limit the programs and attention offered to students, but Morse says it hurts instructors as well. "It's not good for their health, because the stress involved trying to keep up with the demands of that classroom certainly takes their toll," Morse said.

Education Minister Ramona Jennex has said the funding reduction follows a trend of declining enrolment in Nova Scotia over the past 10 years, which Morse calls "an excuse, not a fact."

HALEY RYAN/FOR METRO



GOTTA CATCH THOSE RAYS WHILE YOU CAN

A man takes advantage of another sunny day in Halifax with a break on one of the colourfully painted Adirondack chairs along the waterfront Tuesday. Today won't be so nice for relaxing outside with rain in the forecast. IEEE HARPER/METRO

Three goalies to start

Hometown boy Chris Clarke is among three stoppers vying for ice time with the Mooseheads PAGE 20

Cooper rises to challenge

Bradley Cooper gets a thrill taking on the role of a plagiarizing writer who rises to fame PAGE 13

Storm worth watching

Sluggish Tropical Storm Leslie may reach hurricane strength, impact Maritimes



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Nine-month spree

Cops charge man with string of Halifax break-ins

A 21-year-old Halifax man has been charged in connection with a string of break-and-enters dating as far back as last November.

Halifax police say a home was broken into last week on Ridge Valley Road, and the next day police arrested the 21-year-old, who they allege is also responsible for several other break-ins around the city.

On Nov. 14, 2011, there was a break-in at a residence on Abbey Road and the following day a home was broken into on Herring Cove Road. On Aug. 18, police say two men also broke into a home on St. Margarets Bay Road.

Michael Keltie Baldwin is charged with robbery, wearing a disguise, three counts of break-and-enter and breaching his probation in relation to the incidents. METRO

Possible heart attack

Plane lands in Halifax after man dies on flight

A private plane was diverted to Halifax early Tuesday morning after a 64-year-old man died on the overseas fight.

Halifax RCMP spokesman Cpl. Scott MacRae said the plane was heading to Houston from the United Arab Emirates when it's believed the victim had a heart attack. Police were called to the airport just after midnight and the plane landed at around 1 a.m. The man, who is from Abu Dhabi and was flying to Houston for medical treatment, was pronounced dead by doctors prior to landing, MacRae said.

No foul play is suspected, and an autopsy will take place in Halifax. METRO



A sunny day for suckering the public

Saint Mary's University students Riley Ostrem, left, and Caleb Adams hit the Halifax waterfront to raise money for Cystic Fibrosis Canada during the

Hurricane forecasters keep a watchful eye on lazy Leslie

Blob on the radar.

Tropical storm could reach Category 2 strength, and brush Maritimes next week



RUTH
DAVENPORT
halifax@metronews.ca

A slothful storm has wandered onto the radar of local hurricane forecasters — and now it's just sitting there.

Tropical Storm Leslie is currently hovering about 800 kilometres south of Bermuda with maximum sustained winds of 105 km/h.

Although U.S. forecasters are calling the system "disorganized" and "slow-moving," Canadian Hurricane Centre forecaster Bob Robichaud says it's a storm worth watching.

"We're expecting the storm to reach hurricane strength late this week and it'll keep intensifying, certainly a Category 2 is possible," he said. "Some models bring it fairly close to the Maritimes and we could feel the impact next week."

While forecast tracks on the National Oceanic and Atmospheric Administration website normally look like slightly distorted ice cream cones, Leslie's looks more like a slightly elongated blob.

Robichaud says that's because the storm is moving extremely slowly. In fact, it's expected to cover barely 500 km in the next four days — about the same pace as human foot speed.

"Towards the end of this week we expect the steering currents that determine the track of the storm will become a bit more defined, so it'll start to move a little faster on Friday into the weekend," he said. "It'll eventually turn towards the northeast, but it's too early to

An 'L' year

 There has been an "L" storm in 15 of the last 18 Atlantic hurricane seasons.

say what exactly if any impact it'll have in the Maritimes."

Forecasters expect this to be an above-average hurricane season, with up to 15 named storms. Leslie is the 12th named storm of the 2012 season, though only one — Isaac — has had any significant impact on land.

Mobile news



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Music Week

Ottawa spends almost \$300K on N.S. music industry

The federal government is spending \$246,000 to improve a multi-purpose facility in Liverpool as the community gets ready to host Nova Scotia Music Week this fall.

The money from the Atlantic Canada Opportunities Agency will be used to upgrade the Queens Place Emera Centre. The facility will get a new ice-covering system, upgrades to pipes, drains, safety systems, seating and stage lights.

Gerald Keddy, the local Conservative MP, said an additional \$40,000 will help Music Nova Scotia develop export opportunities.

The money will be used to give musicians access to music buyers from Germany, Austria and Switzerland.

More than 40 international buyers are expected to attend the event.

THE CANADIAN PRESS

HRM election



Savage to finally sign on the dotted line for mayoral bid

HRM mayoralty candidate Mike Savage will make it official today. His campaign team announced Tuesday that he will be heading to City Hall at 9 a.m. to sign his nomination papers and pay his deposit for running in the upcoming municipal election. Savage announced last February he would be running and is one of five confirmed candidates. METRO

Eyes on our roads

Driver charged with 'stunting'

The RCMP say they clocked someone driving 180 km/h on Highway 1 last weekend as police checkpoints were conducted over four days in the western part of the province. The driver is now charged with stunting and faces a fine of at least \$2,400. Police say the checkpoints resulted in about 85 speeding tickets.

No reported injuries

Fire destroys home in Cape Breton

The fire marshal's office has yet to determine what caused a fire that destroyed a home in western Cape Breton. Firefighters from the Lake Ainslie and Whycocomagh volunteer fire departments responded to the fire late Friday night. The home was almost entirely in flames, but there were no injuries. THE CANADIAN PRESS

Failed co-op's debts may be left unpaid

Bankruptcy. Housing cooperative headed for receivership

RUTH DAVENPORT

A Supreme Court judge says bankruptcy appears to be the only solution for a troubled Halifax housing co-operative.

Halifax housing co-operative. Justice Glen McDougall agreed to name a receiver for the North End United Housing Cooperative Tuesday, after learning a plan to partially repay its debts was rejected by members in late August.

The co-op racked up a debt of more than \$1 million in 2010 when renovations funded under a provincial plan ran over budget.

The province's request for receivership has been rejected twice while the NEU tried to reach an arrangement with contractors — and executive director Jona-

Can't do that

"I wish I had the authority to simply tell the Department of Community Services to cough up the money, but that's not what's before me here."

Justice Glen G. McDougall

than Hannam says it might have succeeded if the province had been a little more flexible.

"We came up with some creative ways to look at things," he said. "One of them was to forgive mortgage arrears, because that's money that's already off their books. They weren't willing to look at more creative solutions."

Entering receivership means the co-operative will no longer exist, and the contractors will likely never be paid. Peter Smith of Eagle Project Management says the province had final approval of all the renovation work, and could have prevented the cost overruns.

"(Department of Community Services) were paying the bills from day one, they were the authority on the project from day one," he said.

Dan Troke, executive director of housing with the Department of Community Services, says in the same way that a bank doesn't monitor a homeowner's use of a renovation loan, the NEU was responsible for its \$3.1 million renovation loan.

"Decisions around who got hired and what work got done were all decisions of the (NEU) board," he said. "So how the money got spent was within their purview."

Troke says the province's immediate concern is to ensure residents of the co-op's 131 units aren't subjected to any upheaval during the transition to receivership.



Power pole crash stalls rush-hour traffic

Nova Scotia Power workers plan the replacement of a power pole sheared off at its base by a car near the corner of Robie and North streets on Tuesday afternoon. The street had to be closed during rush hour because of the accident, which snarled traffic routes to the Macdonald bridge. JEFF HARPER/METRO

Hurricane season puts rush on ship wreck cleanup



MV Miner ran aground off Scatarie Island, a provincially designated wilderness management area, on Sept. 20 of last year. THE CANADIAN PRESS/HANDOUT

Work to dismantle a decommissioned ship that ran aground off Cape Breton a year ago should begin within the next week, the company in charge of the salvage operation said Tuesday.

Abe Shah, a senior partner with the Bennington Group, said the New York-based company has submitted a revised plan to the province for the removal of the MV Miner from Scatarie Island.

Shah said the company is now waiting for safety inspections to be completed before the work can start — something he said he hopes would be done within the next five to six days.

He said the new plan would see the 230-metre bulk carrier cut into bigger pieces than originally planned in order to expedite its removal during the Atlantic hurricane season.

Shah said two heavy industrial steel cutters would be used and the work would be conducted during daylight hours seven days a week, weather permitting.

About a month

30

The number of days it should take to remove the vessel, if all goes well.

Last week, the provincial government extended the company's permit until Dec. 1 to remove the derelict ship, which ran aground on Sept. 20, 2011, while being towed to a scrapyard in Turkey.

The original deadline ex-

pired Aug. 31 after several delays.

Premier Darrell Dexter has called on Ottawa to take a greater leadership role in ensuring the ship's removal, but Transport Canada says its approval isn't needed for the work to proceed.

The ship's removal has been a politically sensitive issue in Nova Scotia because the wreck lies in a protected wilderness area that is surrounded by rich lobster grounds.

THE CANADIAN PRESS

Under-utilized. VIA Rail opens discussions for land development

HALEY RYAN

VIA Rail is looking to develop the land next to its Halifax station amid major cutbacks to the train company.

The Canadian railway has

accepted expressions of interest (EOI) from local investors to help develop four acres of land surrounding the Halifax terminal, roughly following the tracks between Hollis Street and Terminal Road.

"We're not going into this with any preconceived no-tions, and we're open to suggestions" said Malcolm Andrews, a spokesperson with VIA Rail.

"It's not really being used for anything related directly to our train operations or the station," Andrews added about the

He says VIA Rail wants to develop the Halifax station because the city's economy is strong, especially concerning

waterfront projects.
"The time seemed to be very much right," said Andrews.

The announcement Tuesday comes only a few months after VIA Rail announced it would

 Last week, VIA Rail was also in the news when its president, Marc Laliberte, told the Halifax Chamber of Commerce the Crown corporation was looking at integrat-ing bus and rail services in Nova Scotia and New Brunswick.

cut the Halifax-Montreal route from six to three trips a week, and 31 workers within the company working in Nova Scotia would be laid off.

Andrews said the frequency of train service was changed because less people were taking that route, but VIA Rail will still promote that line, and can add extra compartments to a train if it fills up.

"It behooves us to look at all aspects of the business at all times, not just schedules that fit traffic demand, but its use of real estate across the country.... Are we doing justice to the properties that we occupy in those communities?" Andrews



Amherst blaze. No cause determined in downtown fire

The cause of a downtown fire that destroyed two century-old buildings and left more than three dozen people homeless may never be known.

Officials from the Amherst Fire Department and the provincial fire marshal's office concluded their investigation into the blaze at the Victorian Arms Apartments building on Friday without determining the cause.

"There was so much destruction and too much material starting at the roof and ending in the basement that there wasn't any way to come to a conclusion as to the cause," Chief Bill Crossman said Tues-

The number of people left homeless by

Crossman said the fire appears to have started in the ceiling of the basement of the Windsor Block, but he stressed the fire was not suspicious. "It started in the ceiling area of the basement, which allowed it to travel," he said.

AMHERST DAILY NEWS

Amherst assault

Police looking into alleged groping

Police in Amherst are investigating an incident Monday morning in which the driver of a marooncoloured van allegedly grabbed a woman.

The woman, according to police, mistook the man for an acquaintance and approached the van stopped in a downtown

parking lot in the early morning hours. She said the man waved her over and, as she approached the van, grabbed her by the arm and told her she was coming with him to New Brunswick.

She was able to pull away and the van left the area, heading toward East Amherst.

The man in the van was described as being in his 60s and balding. AWHERST DAILY NEWS



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'Mom in chief' calls Barack the 'man we can trust'

Electrifying speech.

Ecstatic Democrats cheer her as she calls her husband a caring father and a worthy U.S. president

At home, he's a devoted husband and caring father.

On the world stage, he's a "man we can trust," the man to revive America's weak economy as president.

That was the image U.S. first lady Michelle Obama lovingly painted of Barack Obama on Tuesday night. Her speech electrified the

Democratic National Convention in Charlotte, N.C.

Calling herself the "mom in chief," Michelle was given a huge ovation as she urged Americans to return her husband to the White House.

She said her husband reminds her "that change is

hard, and change is slow and it never happens all at once" but "eventually, we get there, we always do."

To Michelle, Obama is still that man she went on a first date with, who picked her up in a car so rusty she "could see the pavement going by' through a hole in the door.

He's the man she married and began a life with in Chicago, both saddled with student loans, "so young, so in love, and so in debt."

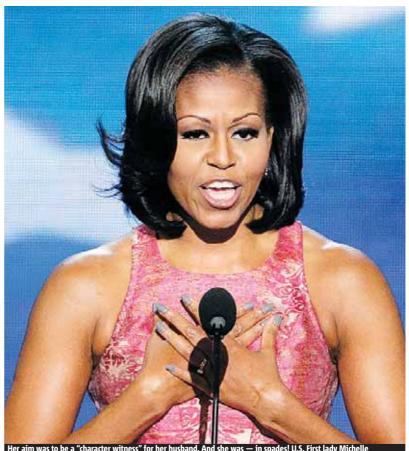
"I didn't think it was pos-

sible but today I love my husband even more than I did four years ago ... even more than I did 23 years ago when we first met. I love that he's never forgotten how he start-

It was political theatre. But deeply personal political theatre, aimed at closing the gap between Obama and those who view him as aloof. THE ASSOCIATED PRESS/WITH FILES FROM TORSTAR NEWS SERVICE

Michelle Ohama has been "a flawless first lady," says Myra Gutin, a first lady expert and communications professor at Rider University in New Jersey.

- Her message. "She selected a cause that gets a lot of response.... There aren't very many people out there who would disagree with her message that American kids need to get healthier," Gutin
- Her popularity. It easily surpasses her husband's. When Gallup last pitted the couple against one another in May, Michelle Obama had a 66 per cent approval rating while hubby Barack was at 52 per cent.





'Hitler' clothing store owner to change shop name

Controversial.

Owner savs he received dozens of phone calls asking that he rename the clothing store

The owner of the Hitler clothing shop in western India says he will remove the sign and rename his store after hearing people's complaints.

Rajesh Shah said Tuesday he had chosen the name in memory of his grandfather, a strict disciplinarian whom the family referred to as Hitler.

The shop in Ahmadabad, the main city in Gujarat state, opened last month with a huge sign reading "Hitler" and a Nazi swastika inside the dot in the letter "I."

THE ASSOCIATED PRESS



'Diefenbaby.' Man says DNA test on former PM's hair won't prove paternity

A Toronto man who believes John Diefenbaker may have been his father thinks there's no point testing a recently discovered lock of the former prime minister's hair.

The Diefenbaker Canada Centre in Saskatoon announced last week it found a chunk of hair labelled as belonging to the former prime

The hair, not listed in the museum's computer database, was a surprise find for the museum during renovations. Staff believe the blond strands were likely cut from Diefenbaker's head when he was a child and kept as a family keepsake.

The centre has invited George Dryden to have the hair tested, but he believes it would be a waste of time.

"It's useless. There's nothing there to test," Dryden said Tuesday. "You need the root. A clipping just doesn't do it.'

Dryden, who bears a strong resemblance to the former Conservative leader, claims his mother had an affair with the prime minister in the 1960s.



Diefenbaker was Canada's 13th prime minister from 1959 to 1963. He reportedly had no children and died in

Dryden has been trying for more than a year to establish whether he is Diefenbaker's offspring. Earlier this year, he hired a company to conduct DNA tests on a few artifacts at the centre, but the results were inconclusive

THE CANADIAN PRESS

Wild ride

Animals seized in Vietnam

Police have seized four baby tigers and more than 100 pangolins being transported in a car in central . Vietnam.

A police officer in Ha Tinh province says two men were detained for questioning after officers seized the live animals

Tuesday. Pangolins are scaly anteaters native to Asia and Africa.

Tiger bones are used in Vietnam to make a traditional painkiller that sells for several hundred dollars an ounce. THE ASSOCIATED PRESS

Bogus cash

Man eats up counterfeit money: Police

Authorities say a 35-year-old man tried to swallow several counterfeit \$50 bills after he was caught trying to use the bogus money at a western New York amusement

THE ASSOCIATED PRESS

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Parti Québécois claims power after voters cast their ballots

Quebec election.

But less-than-stellar results leave party with awkward prospect of heading minority government

The Parti Québécois is celebrating a return to power after nine years in opposition, but its parade has been dampened by a weaker-than-desired result that could severely limit its ability to pursue its independence agenda.

The party has never governed with a minority in its history and, therefore, has never faced the challenge of tabling an inaugural speech — or any other confidence measures — with the support of other parties that oppose its agenda.

One factor could help resurrect the independence program: It was unclear whether the final seat numbers would ultimately leave another pro-independence party, the smaller and more left-wing Québec solidaire, with the balance of power.

The PQ won or was leading in about 55 ridings in Tuesday's election as of press time, shy of the 63 needed

Charest gets the boot

 Liberal Premier Jean Charest lost his own riding of Sherbrooke. It's unknown whether he'll stay on to lead his party, or how his party will vote in the legislature without a leader there.

for a majority in the 125-seat legislature. Québec solidaire won two seats.

Barring a late surprise the PQ could now face an awkward balancing act — pleasing its pro-independence base while getting parliamentary backing from other parties.

The governing Liberals had a far better than expected result and were leading or elected in about 49 ridings, holding on to official Opposition status and staving off the electoral annihilation many had predicted. The newly formed Coalition party had a disappointing night, winning or leading in about 19 ridings. THE CANADIAN PRESS

Online





Time to ditch spanking law, says CMA Journal

The Canadian Medical Association Journal says it's time to do away with the Criminal Code's so-called spanking law.

A strongly worded editorial in the journal Tuesday calls for the repeal of Section 43 of the Criminal Code, which gives parents and teachers a legal defence when they physically discipline children.

"It is time for Canada to remove this anachronistic excuse for poor parenting from the statute book," editor-inchief John Fletcher wrote in a signed editorial.

The editorial will likely reignite debate on a controversial topic that has inflamed opinion for decades.

The Supreme Court of Canada upheld the Criminal Code provision by a 6-3 margin in a landmark 2004 ruling.

The high court ruled that the provision did not infringe a child's right to security of the person under the Charter of Rights and Freedoms and does not constitute cruel and unusual punishment.

"To have a specific code excusing parents is to suggest that assault by a parent is a normal and accepted part of bringing up children. It is not."

John Fletcher, editor-in-chief of the Canadian Medical Association Journal, on Section 43 of the Criminal Code, which can protect parents and teachers when they physically discipline kids

Several private members' bills to ban corporal punishment have failed in the House of Commons and Senate, most recently in 2008.

In the editorial, Fletcher argues that parents need to

be educated on how to discipline their children.

He said the Criminal Code needs to be amended because it tells parents that physical punishment is an acceptable way to discipline children. "Although it is not necessary to make spanking a crime to encourage alternative approaches to parenting, Section 43 of the Criminal Code of Canada sends the wrong message, stating, 'A parent is justified in using force by way of correction ... if the force does not exceed what is reasonable under the circumstances."

The editorial said that police already have discretion to decide when an assault is trivial, but argued that "any bias" should be aimed at vulnerable children.

"While Section 43 stands, it is a constant excuse for parents to cling to an ineffective method of child discipline when better approaches are available."

The Library of Parliament found that public opinion on the topic has been divided.

It said that a 2003 poll found 69 per cent of Canadians favoured repealing Section 43 for teachers. But only 51 per cent said it should be removed for parents.

THE CANADIAN PRESS

United Nations

Number of Syrian refugees spikes

More than 100,000 Syrians sought refugee status during August in what the United Nations describes as an eyepopping escalation in the pace of departures since the hostilities began.

The August total accounts for more than 40 per cent of

the 234,368 Syrian refugees who, as of the last count on Sept. 2, had fled for surrounding countries since the uprising began 17 months ago, the UN refugee agency said Tuesday.

The tide in people fleeing the civil war underscores the intensifying violence between President Bashar Assad's regime and the armed anti-government groups. THE ASSOCIATED PRESS

Syrian support

Al-Jazeera site targeted by hackers

Hackers replaced the home page of Al-Jazeera TV's Arabic site with a statement that says Tuesday's cyberattack was a protest against its coverage of the Syria civil war. TV broadcasts in Arabic and English were not affected. THE ASSOCIATED PRESS

Egypt

Islamists solidify grip on power

Egypt's leadership took a new move Tuesday to put its stamp on the country's government, appointing Islamists as provincial governors and installing them in the state's top human-rights body and a powerful media council. THE ASSOCIATED PRESS

Australia-Indonesia

Growth in asylum seekers spurs closer maritime ties

An Australian official says his country and Indonesia will boost maritime cooperation as boat accidents carrying asylum seekers are increasing

increasing.
Transport Minister An-

thony Albanese told a news conference Tuesday that Australian aircraft will be allowed to enter Indonesia's airspace and refuel during searches and rescues.

Indonesia is a transit point on the hazardous sea journey to Australia. Accidents have increased as more ships enter the seas ahead of a new immigration policy taking effect in Australia. THE ASSOCIATED PRESS

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NEWS



Giant sinkhole swallows vehicle in Ottawa

A car is seen after falling into a hole on an Ottawa highway on Tuesday. Fire officials say a driver suffered minor injuries. Spokesman Marc Messier says the car fell into the hole on the Highway 174 off-ramp at Jeanne D'arc Boulevard. The driver was the only person in the car. CONTRIBUTED-OTTAWA FIRE DEPARTMENT/THE CANADIAN PRESS

Hummer drives into speeding car to save children

Edmonton. While police don't recommend this behaviour, driver may get a citizen citation award



The Edmonton Police Service is crediting the actions of a Good Samaritan motorist who intercepted a speeding car that could have hit four young pedestrians last Friday

estrians last Friday.

EPS responded to a two-car crash at a mall around 4:25 p.m., where they learned that a Hummer deliberately drove into a speeding Pontiac G5 that was about to hit four children using the crosswalk across 84th Avenue.

Witnesses told police that the driver of the Pontiac was speeding and talking on his cellphone as he passed by several vehicles stopped to let the pedestrians cross.

Darrell Krushelnicki of Taber was leaving the mall parking lot at the time and saw



the speeding vehicle headed directly towards the children, ranging in age from three years old to 16 years old.

"I guess I just got in front of that car and deflected him," said Krushelnicki. "It was a reaction. I could see what might happen. Because all the vehicles around me had stopped, I could see what was going to happen. It was an instinct thing."

If it wasn't for Krushelnicki's

actions, police spokesperson Scott Pattison said it could have been a tragic situation, as officers believe that the Pontiac was driving around 80 km/h in a 30 km/h crosswalk zone

"He did a very valiant thing. Obviously police don't recommend that people do those sort of things that put their own lives in jeopardy, but certainly we could have been talking about a very different story today," Pattison said, adding that Krushelnicki may also receive a citizen citation award.

John Troy Heitzman, 23, has been charged with dangerous driving.

Stolen tampons may pose health risk

Thieves have stolen and sold some rejected tampons that may pose a health risk if used, Kimberly-Clark Corp. said Tuesday

The Dallas-based consumer products company said that some of its Kotex Natural Balance Security tampons failed final inspection and were sent to an outside company to be destroyed. But at an unknown

point they were stolen and the defective products were then sold to the public.

Some of the tampons have increased levels of bacteria, the presence of metallic particles and imperfect raw materials, Kimberly-Clark said. The company added the health risk to consumers is low and that it has received no complaints.

The products had been

scheduled to be destroyed between October 2011 and June 2012. Kimberly-Clark said it did not know the locations where they were sold.

they were sold.

Kimberly-Clark said it is working with the criminal investigation division of the Food and Drug Administration to determine what happened and to recover the product.

THE ASSOCIATED PRESS

Controversy

Megaprojects always for the best: Pipeline prez

Controversial megaprojects are as old as Canada itself, but their long-term benefits to the nation's growth are both undisputed and profound, the president of the proposed Northern Gateway pipeline told a review panel Tuesday.

In opening remarks to the panel, John Carruthers said his proposed \$6-billion project to ship Alberta oilsands crude to Asia-bound tankers on B.C.'s west coast "is no different."

"Canada has witnessed this as far back as 1871, when the Canadian Pacific Railway was constructed in return for British Columbia agreeing to enter Confederation," Carruthers said. THE CANADIAN PRESS

Jurisdictional jumble

Scientists want to save 'Amazon of the North'

Scientists call it the Amazon of the North and they fear the Mackenzie River Basin, an extensive watershed three times the size of France, is under threat.

But it's not the massive hydroelectric project that the British Columbia government wants to build that pose the greatest risk to the river system — It's the Canadian Constitution. It falls under the jurisdiction of the federal government, three provincial governments and three territorial governments — and that is the problem, say proponents of an integrated plan.

Scientists are trying to come up with a suggested management plan for the basin that just might save it from the problems that plague almost every other major watershed in the world. THE CANADIAN PRESS





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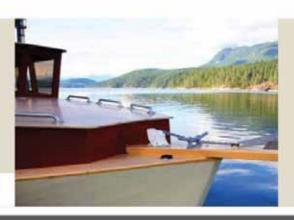
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TV ruled Canadian households in 2011: CRTC report

Broadcasting.

Traditional media remains solid despite more online options, wireless devices

Canadians' love affair with television programs remains undiminished, despite the proliferation of new online and wireless platforms that were supposed to threaten traditional media.

The CRTC's new report on the communications industry shows Canadians watched an average of 28.5 hours of TV last year, up 30 minutes from 2010, even though they had more media choices than ever

In fact, Canadians increased their TV program viewing even — if the 2.8 hours spent watching television shows online is included

Radio listening was also up

There was a six per cent spike, to 27.4 million, in the number of Canadians subscribed to wireless services.

- Meanwhile, 2.2 per cent more Canadians subscribed to basic television services, representing about 90 per cent of the population.
- The only loser was home phone subscriptions. which fell 2.7 per cent to 12.2 million in 2011, continuing a trend.

only more moderately, from 17.6 to 17.7 hours a week.

"The fact that they are spending more time watching or listening to programming is good news for Canadian creators," said Jean-Pierre Blais, chairman of the Canadian Radio-television and Telecommunications Commission, in the annual report from the federal regulator.

It's also good news for communications companies.

Broadcast revenues climbed 5.5 per cent to \$16.6 billion from 2010, and revenues from telecommunications services increased by 2.5 per cent to \$42.7 billion. On average, consumers spent an average of \$180 a month on services.

Overall, the communica-tions industry accounted for about 4.6 per cent of Canada's gross domestic product in 2011.

The growth in the traditional media occurred even though, as the report shows, Canadians were expanding their use of computers and wireless devices, such as smartphones. By the end of 2011, 78 per

cent of 13.4 million households had an Internet connection, and Canadians continued to migrate to faster services. THE CANADIAN PRESS

Iron Lady's wool suits sold

The turquoise wool suit, left, that former British Prime Minister Margaret Thatcher wore on the day she was confirmed as Conservative Party leader sold at auction for 25,000 pounds (\$39,670 US) on Monday. Separately, a buyer in South Korea snagged six other striking outfits on auction, all of which were worn by Thatcher in the 1970s before she became prime minister. In total, the outfits fetched a little more than 73,000 pounds — far exceeding the initial estimates of 1,000 to 1,500 pounds for each outfit. SANG TAN/THE ASSOCIATED PRESS FILE

South Africa

Buffalo breeder nets \$3.25M

A young buffalo bull with massive bowed horns sold at auction for a record 26 million rand (\$3.25 million US), the South African Stud Breeders' Association said Tuesday.

Owner Jacques Malan said the almost five-yearold bull called Horizon has horns measuring 130.5 centimetres long and a boss, or horn base, nearly 41 centimetres wide — a South African record for an animal that

THE ASSOCIATED PRESS

Market Minute



101.44¢ US (-0.01¢)



11,941.7 (-7.56)



\$95.30 US (-\$1.17¢)



GOLD \$1,696 US (+\$8.40)

Natural gas: \$2.85 US (+5¢) Dow Jones: 13,035.94 (-54.9)



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Nova Scotia www.ns.lung.ca/learntorunforsmokers





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Wednesday, September 5, 2012

A SWEET DEBACLE THAT'S LEFT N.Y.C. THIRSTY FOR ANSWERS



JUST SAYIN' Paul Sullivan metronews.c

There's battle lines being drawn Nobody's right if everybody's wrong... Buffalo Springfield — For What It's Worth

The battle lines are indeed being drawn in New York City in

advance of the vote to ban big sugary drinks in the Big Apple, set for Sept. 13.

Weight Watchers, Jenny Craig, the South Beach Diet, etc., are all lining up alongside Mayor Michael Bloomberg, who wants to make it illegal to sell any sugary drink larger than 16 ounces, or, as we like to say here in Canada, 475 millilitres.

On the other side: New Yorkers for Beverage Choices, which enlists more than 2,000 businesses and a quarter of a million people. According to the New York Times, six in 10 New Yawkahs

Not your sugar daddy

As with every other discussion in the U.S., the battle lines are drawn around individual freedom. You either have the freedom to drink your face off and court obesity, diabetes, heart disease and cancer, or you don't.

k Times, six in 10 New Yawkahs oppose the ban.
Of course, you could just buy X number of 16-ounce beverages and thwart the mayor's evil scheme, but nothing says convenience like a two-litre

Double Gulp, especially after all those salty fries and triple-decker cheese-and-bacon burgers.
As with every other discussion in the U.S., the battle lines are drawn around individual freedom. You either have the freedom to drink your face off and court obesity, diabetes, heart disease and cancer, or you don't.

New York's mayor argues that you don't, and is supported by the fact that the city faces an annual \$4-billion US price tag to handle the health problems of the obese.

The other guys say this is just the thin edge of the wedge and do you really want the government telling you what and how much to eat and drink? As someone who just spent a day at the PNE (Pacific National Exhibition) and managed to resist deep-fried Wagon Wheels and Mars bars, but stumbled over those cinnamon- and sugar-encrusted mini-doughnuts, it's hard to disagree.

Where do you draw the line? Most of us are in favour of a balanced diet, but the diet and nutrition neighbourhood is not a safe place for moderates these days. Everything except lentils is bad for you, and you can bet there's someone who can prove beyond a doubt that lentils cause cataracts, chancre sores and/or cancer. If Bloomberg can get big sugary drinks banned, what about those nasty lentils?

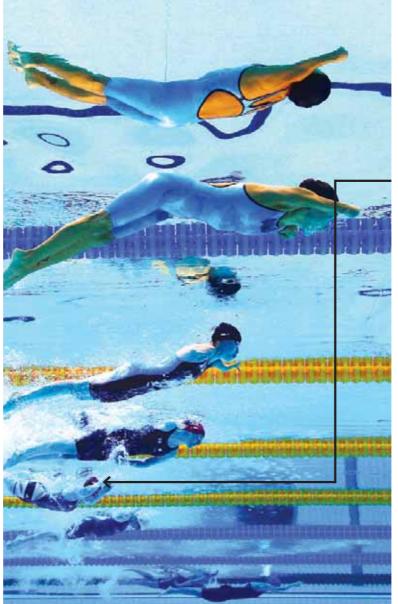
Still, more than one-third of U.S. adults (35.7 per cent) and 17 per cent of children and adolescents aged two to 19 years are obese. (The number is a little better in Canada — 23 per cent of adults.) Not "a little pudgy" or "could afford to lose a few pounds." Obese. And the crazy thing is we have the cure, which can be summarized in two words: Eat less.

Sometimes in the war of words, less is more.

A man pystesis anainst New York City Mayor Michael Bloombern's proposal

ft drinks over 16 ounces (475 millilitres). GETTY I

Can you spot the Piranha?



Paralympic sensation

Swim won in record time

This glorious image shows Paralympic swimmers taking off in the 200-metre medley SM6 category

medley SM6 category.
This race is for athletes who have lost limbs, have co-ordination problems or are considered dwarfs. It was won by British swimmer Eleanor (the Piranha) Simmonds — who suffers with dwarfism — in worldrecord time. It was the fourth Paralympic gold for the 17-year-old. METRO



· · · · ·

The L2012 camera races with the swimmers, and even tweets at the same time.

Streaking ahead

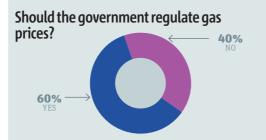
9

Simmonds finished the race nine seconds ahead of Germany's Verena Schott, who took silver, with another Briton, Natalie Jones, taking bronze. Simmonds set a new world-record time of \$105:30.



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Twitter

Only in halifax would the harbour hoppers engine die and cre-

ate a 30 min hold up on hollis...

@lukejamesbgn:

The air in Cole Harbour smells like cow manure and dulse right now. #Halifax

@kgraygunn:feeling super awkward at @MS-VU_Halifax and I have no idea where to go.. got my student card now what

Gemilycmckenna:Just saw a girl in downtown Halifax wearing an OJ Simpson shirt

@baconandbaileys:

Is there somewhere in #Halifax I can buy a pair of winter mittens tonight?

@jenochej:

Dear #SouthEnd #Halifax: I don't miss you. #NorthEndconvert

metr⊕

metronews.ca Wednesday, September 5, 2012



Cooper complicated in The Words

New film. Multilayered flick follows a struggling writer's rise to fame and how he deals with decisions

NED EHRBAR

For Bradley Cooper, signing on to star in The Words — co-written and co-directed by his childhood best friend, Brian Klugman — was a no-brainer. But that doesn't mean he was entirely comfortable actually playing Rory Jansen, a struggling writer who discovers a lost manuscript and passes it off as his own, leading to

overnight literary success.

"I was very scared that I was going to fail (Klugman and co-director/co-writer Lee Sternthal) when they asked me to do it," Cooper admits. "I said yes because I would do anything for them. Brian is my best buddy. It was a week before shooting, I was reading the script one last time, and he knew I was worried that I really didn't get Rory."

The multi-layered film follows Rory's rise to fame, his wife (Zoe Saldana) supporting him all the way while also telling the story recounted in the lost manuscript, a tragic love story set in post-Second World War Paris between a young American GI (Ben Barnes) and French woman (Nora Arnezeder). Framing all of that is an established au-

Quote

"It's much more complicated then a plagiarist who wants success."

Bradley CooperTalking about his character Rory Jansen

thor (Dennis Quaid) re-telling the entire tale, with a very interested listener (Olivia Wilde) pressing him for more details. The film itself gave Cooper a kind of thrill he hasn't necessarily gotten in a while and it "got me to places I didn't know I could get to," he says.

While the act of plagiarism at the heart of the plot may be tough for audiences to sympathize with, Cooper found a way of understanding Rory's decision.
"It's much more compli-

cated then a plagiarist who wants success. His goal is not to be a famous writer. His goal is to meet the expectations he has of himself," Cooper explains. "I don't see Rory as a slime-bag at all. I see him as a man who's not really a man and grappling with what it is to be a man. I think his Achilles heel is his impatience, and the thing I really liked about the script and the hook for me was the fact that he actually is a good writer. He's not a poor writer who's just looking for any way to get success, but he's just so preoccupied with living up to some idea who he thinks she should be. That's his fatal flaw."

Rory suffers his fair share

of rejection before stumbling ompliwho make him famous, and Coop-

er himself admits he's no stranger to rejection as an actor — in fact, in his early days he was a little too used to it.

"When I first started auditioning, I didn't realize — and I'm not even kidding — that you actually could book a job," he says. "I still remember when I booked Sex and the City, I was actually very frightened because I had to actually do the job. I didn't really understand that concept. I was like, 'What do you mean, it's not a videotape in a room? We're actually going to be on the street, with Sarah Jessica Parker?' I came at it from another side where rejection was normal and getting it was odd."

SCHNE

On the web



Former football star Michael Strahan becomes Kelly Ripa's co-host of morning TV



metre DISH netronews.ca Wednesday, September 5, 2012



Jackson was a 'mess' during tour preparations

Michael Jackson was reportedly a mess during preparations for his This Is It tour in the weeks leading up to his death, according to 250 pages of emails between executives for AEG, the tour's backer, obtained by the L.A. Times. "MJ is locked in his room drunk and despondent." AEG's

Randy Phillips writes. "I [am] trying to sober him up." Phillips' attempts to get the singer to work apparently didn't go well: "I screamed at him so loud the walls are shaking," he writes. "He is an emotionally paralyzed mess riddled with self-loathing and doubt now that it is show time."

Klum not drawn into public dispute with ex

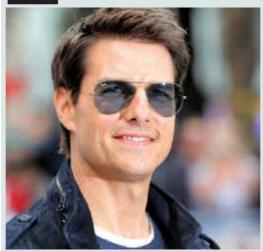
Seal may be getting a lot of attention from lambasting Heidi Klum for "deciding" to fornicate with the help. but Klum is keeping it classy when it comes to her own comments. "I cherish all of the great memories Seal and I created together over the years. Our separation was based on issues between the two of us," Klum says in a statement to Us Weekly. "Seal has moved on and so have I. My priority has and continues to be protecting and providing for our children.



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Cruise too good for OKCupid

THE WORD

scene@metronews.ca

Although Tom Cruise's reps have dismissed Vanity Fair's latest cover story as "lies designed to sell magazines," writer and director Paul Haggis has come out in support of the article, which alleges that the Church of Scientology acts as Cruise's creepy personal dating service.

In a letter to entertainment website Showbiz 411,

Haggis, a former Scientologist, confirms that the church thoroughly vetted Iranian actress Nazanin Boniadi in 2005, then ostracized and humiliated her when she wasn't deemed a suitable wife for the actor.

"I was deeply disturbed by how the highest-ranking members of a church could so easily justify using one of their members; how they so callously punished her and then so effectively silenced her when it was done," Haggis writes. "It wasn't just the threats; they actually made her feel ashamed, when all she had been was human and trusting."

We're not sure what's so wrong with trusting, but human? Definite Cruise deal-breaker.



Minka Kelly rekindling romance with Human Torch

Avengers star Chris Evans and Minka Kelly have reportedly begun dating again, rekindling their romance that flickered briefly in 2007, according to Us Weekly.

"She did a number on him back then," a source says. "But she reached out to Chris this time." In the meantime, the actress dated New York Yankees star Derek Jeter from 2008 to 2011.

While the pair have reportedly been hitting the town in Boston and New York in the past month, Evans' friends hope he takes it slow: "He's still a little insecure, so he's being cautious," a pal tells the magazine.

More ink for Biebs

Justin Bieber's tattoo addiction continues, as the 18-year-old singer debuted his latest work, a small crown on his chest, in a shirtless photo on Twitter. Bieber's other numerous tattoos include a portrait of Jesus on one leg and a pair of praying hands on the other, the Hebrew word for Jesus on his rib cage and the word "believe" on his forearm. The crown marks Bieber's seventh tattoo. He also took the chance to tease himself for posting so many topless photos of himself on Twitter, writing, "I'm thinking to myself 'wow really justin 3 shirtless pics in 3



days' who do I think I am a young [Mark Wahlberg]?"







@kevinbacon

Me and my boy don't often do the suit and tie thing but weddings are a chance to dapper up!



@SandraBernhard

in lieu of shabbat i'll be listening to bon jovi's living on a prayer.



@JerrySeinfeld Gotta go..



@SarahKSilverman

Gonna see what comes up when I google "Hitler fan fiction" Stand by

metronews.ca Wednesday, September 5, 2012 **TRAVEL**

Sure, the unofficial end of summer has passed but that doesn't mean you aren't still dreaming of a little beach time. You don't have to be a Hollywood megastar to vacation on your own private island. For the price of a night in a four star hotel, or less, you can live like Branson.

EMMA E FORREST

Wilson Island, **Australia**

Where? Great Barrier Reef, Queensland, Australia What? This tiny tropical

coral dot of sand in the Great Barrier Reef is probably the most romantic campsite in the world, with six luxury tents placed steps away from silvery sands that melt into the azure sea where you can explore a whole reef full of colourful marine life. Spend all day languishing in a hammock, go snorkeling or kayaking and by night compare notes over a moonlit dinner of fresh fish in the communal

dining area. For how many? 12 Exclusive rental? From \$391 each per night,

including all meals and drinks. wilsonisland.com.au, Book through tailormade.co.uk



private islands

Fort Clonque

Where? Alderney, Channel Islands, United Kingdom

What? If you're looking for character in your private island then this pocket-sized historic fortress is a great one, linked by a causeway to the island of Alderney in the Channel Islands, about 24 km from the north-eastern tip of France. Fort Clonque was built on a group of rocks just off Alderney in the mid-19th Century and discovered by Hitler in 1940 who refortified it with a vast casement for a huge gun, which was transformed into an elegant bedroom when it was refurbished in the late 1960s. For how many? 13 Exclusive rental? \$1,000 for four nights self-

catering. landmarktrust.org.uk



Fowl Quay. **Bahamas**

Where? Exumas, Bahamas What? Make like Johnny Depp with vour own private Bahamas island hideaway. This 50acre family-owned retreat has six luxury one-, two- and three-bedroom ocean-facing villas each with amazing views over the crystalline azure sea, and their own motorboat to explore it with. Book the island exclusively and you can loaf on a different secluded

silvery beach each day, snorkel in the local reef and sip cocktails. Tuck into picnics or enjoy moonlit fresh-seafood dinners made by the island chef. Or prep your own meals — each villa's kitchen is stocked For how many?

26

Exclusive rental? \$450 each per night including international flights to Nassau, all meals, drinks, watersports, personal motorboat and golf cart. fowl-cay.co.uk.

Orca Island, USA

Where? Humpy Cove, Resurrection Bay, Alaska What? Come to this pristine corner of Alaska for a serious digital detox and commune with nature: this place is off-grid, so there's no mobile phone signal and each of the five cabins here is solar-powered.
You're far from roughing it, though. Each self-catering cabin has a bathroom, luxurious queen bedroom and kitchen. There's even a barbecue on the deck, so you can cook freshly-caught salmon while you look out for local sea lions, puffins, seals and migratory whales. Spend your days kayaking, hiking, fishing or just chilling out in this Alaskan wilderness. For how many? 20

Exclusive rental? From \$176 each per night including lodging, water taxi to the property, unlimited use of kayaks, row-boat and fishing gear. orcaislandcabins.com



Ariara, **Philippines**

Where? Calamian Islands, Palawan, Philippines, 250 km South-West of Manilla. What? This unspoiled 125-acre tropical island is run like the millionaire's retreat that it is. Hire it exclusively and you'll stay in this luxurious haven with 30 members of staff including a manager to keep things running smoothly, a PADI Dive Instructor to take you swimming with turtles and a personal chef to cook you lobster fresh from the sea. Spend days drinking cock-

tails on

silky white sand beach, snack on fruit picked on the island, snorkel in your own private protected reef or use some of the watersports toys. For how many? 18 Exclusive rental? From \$295 each per night low season for a group of 15 to 18 guests including all meals, and two dives per person. ariaraisland.com dresortgrenadines.com





Lincoln Memorial reflecting pool in Washington has reopened after 2-year, \$34M reconstruction

The sound of music, in B.C. wine country

Growing concert scene. Musicians

and fans are learning there's nothing better than a pretty venue and a glass of wine

When the president of Cedar Creek Estate Winery first started hosting concerts at his Okanagan vineyard and inviting musicians to perform there nine summers ago, many prominent Canadian artists wouldn't give him the time of day.

After all, a 350-seat venue a pavilion under the open sky and surrounded by rows upon rows of lush green grape vines, no less - hardly seemed like an attractive offer to the agents of singers such as award-winning singer-songwriter Chantal Kreviazuk, who is used to performing at larger venues, said Gordon Fitzpatrick.

"The first concert we did, we didn't even have chairs, people brought blankets," he said, laughing. "My son, who wasn't very old at the time, still hasn't forgiven me . . . the band was a bunch of middle-aged women with harps."

Cedar Creek has come a



long way since that summer, when Fitzpatrick decided he wanted to follow the footsteps of wineries in Washington state and in California's Napa Valley and start offering concerts, too.

Over the years, he has hosted Jim Cuddy of Blue Rodeo three times, and Chantal Kreviazuk performed this summer at the winery's pavilion for the second time. This year's Polaris Music Prize nominee Kath leen Edwards was also a guest a few years ago.

It was the exquisite wine offerings, the stunning Okanagan scenery, summer weather and the intimate and interactive venue that convinced them all to come, said Fitzpatrick.

Those same elements, plus the relaxing atmosphere, the romantic ambience and great music, are also drawing plenty of locals and tourists to British Columbia's wine country every year. "You can imagine a glass of Cedar Creek Pinot gris in one hand, and listening to Chantal Kreviazuk, it makes for a very memorable evening," Fitzpatrick said.

Every year the winery hosts

several concerts in the summer, and all proceeds go to Kelowna's Rotary Centre for the Performing Arts.

Fitzpatrick says concert tickets, which range from \$50 to \$95 each, tend to sell out within two or three days. Wine sales also go up significantly during performance days.

"We do \$5,000 or \$6,000 worth of business on a regular week day at the winery during the summer," he said.

"We come close to doubling that on concert evenings just on wine sales.

Tunes, interrupted

Kelowna-based arts critic Glenna Turnbull says that the musicians often get swept away by the Okanagan scenery at the Mission Hill Family Estate Winery in west Kelowna.

"The last couple of performers I've seen had pulled out their cameras in the middle of the set, said 'Excuse me,' and turned around and took a picture of what the audience sees — the view of the lake — because they just can't believe how gorgeous it is where they're performing," she

award-winning jazz artist Chris Botti perform against the backdrop of the vineyard.

"There's just something magical about being outside on an Okanagan evening and staring out into the lake and listening to good music and drinking good wine," said Turnbull.

THE CANADIAN PRESS

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USA

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Family Special, Air + 7 Nights

\$589° from \$457 base + \$132 taxes & fees

INCLUDES central accom with free transportation to major attractions. Price per person based on family of 4. ADD Walt Disney World Resort 4-Day Magic Your Way Base Ticket from \$287/adult, \$268/child (ages 3-9).

California Air + Car from lincl \$497 base + \$132 taxes & fees INCLUDES airfare into San Francisco, return from San Diego, and 7-day car rental with unlimited mileage

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Chicago Air + 3 Nights incl \$759 base + \$135 taxes & fees INCLUDES accom overlooking Lake Michigan.

UPGRADE to 4-star accom from \$67 per night. **ADD** hop-on, hop-off trolley from \$26.

Boston Air + 3 Nights from \$959 incl \$808 base + \$151 taxes & fees INCLUDES accom in the Theatre District. UPGRADE to 4-star accom from \$27 per night.

ADD 3-day car rental with unlimited mileage from

Vacations

But the Kelowna winery

isn't the only one in B.C. to host

musical talent and benefit from

the resulting spike in wine and

dinner sales during the sum-

mer. Mission Hill Family Es-

tate Winery in west Kelowna boasts a 1,000-seat, dramat-

ically sloped amphitheatre.

Since the property is located in a valley, the sound quality

is second to none, according to

Kelowna-based arts critic Glen-

na Turnbull. For at least \$90 a

ticket, visitors can watch artists

such as Grammy nominee and

Riviera Maya

6 Nights All-inclusive

Punta Cana

6 Nights 4-Star All-inclusive from \$907

Cuba 7 Nights All-inclusive from \$950 incl \$751 base + \$199 taxes & fees

Iamaica

6 Nights 4-Star All-inclusive from \$1011 incl \$849 base + \$162 taxes & fees

Peru Air + 8 Nights incl \$958 base + \$453 taxes & fees

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BONUS daily breakfast included. UPGRADE to 4-star accom from \$32 per night. ADD Pachacamac Ruins from \$59.

Costa Rica

Air + 8 Nights 4-Star

incl \$1329 base + \$305 taxes & fees

INCLUDES Liberia beach accom with on-site golf course. BONUS daily breakfast included. ADD Palo Verde National Park from \$95.



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metronews.ca Wednesday, September 5, 2012 TRAVEL 17

Seattle haunts — the best places to soak up coffee, craft beer and culture

One day. Here is an itinerary that will keep you busy from dawn till dusk

REBECCA FINKEL

Though the Seattle area's wooded trails are a shady refuge during the summer months, the city's streets offer another kind of cool. Here are our favourite places to soak up Seattle's culture, coffee and craft beer.

Morning

Take advantage of your jet lag and head over to Pike Place Market (pikeplacemarket.org) before the crowds make it difficult to navigate. Pick up some Rainier cherries, a fresh, buttered crumpet (The Crumpet Shop, 1503 1st Ave.) and a latte from the original Starbucks. Enjoy your spoils on a bench with a view of Puget Sound.

Thus fortified, you can ex-



plore the 105-year-old stall market, which sells local produce, seafood and meat, as well as books, clothes, jewelry and other handmade crafts. At 11:30 a.m., grab a seat by the window at Matt's in the Mar-

ket (mattsinthemarket.com) for a plate of local oysters. If you're accustomed to Atlantic bivalves, Seattle's will knock you down with their delicate texture and sweetness.

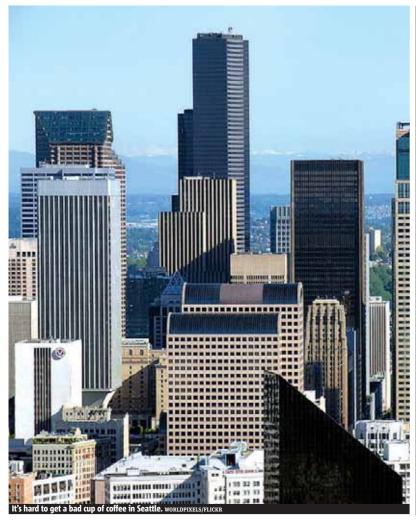
Afternoon

Fifty years after it was built as the site of the 1962 World's Fair, Seattle Center (seattlecenter.com) remains a vibrant hub of arts and culture. Current attractions include the Frank Gehry-designed Experience Music Project, a skate park and the new Chihuly Garden and Glass (chihulygardenandglass.com): an exhibition of the artist's dynamic glass sculptures curated by Chihuly himself.

The Fair's centerpiece, and the city's architectural mascot, is the Space Needle. There may be a long-ish line, but get on it — it's worth the wait for panoramic views of the city and the mountain ranges beyond, as well as the Mad Men-esque decor of its gently rotating restaurant.

Brew break

It's difficult to get a bad cup of coffee in Seattle, and it may be even harder to get a boring pint. The Ballard neighbourhood, home to the Ballard Locks shipyard, is rich in small bars and coffee shops. Ballard Coffee Works (ballardcoffeeworks.com) serves "standard-setting" espresso drinks and bags of its self-roasted beans for you to take home to stoke your new caffeine habit. Nearby, The Walrus Bar (thewalrusbar.com) offers plates of local cow, goat and sheep cheeses that pair beautifully with neighbourhood brewery Maritime Pacific's Islander Pale Ale or Old Seattle Lager.





metronews.ca Wednesday, September 5, 2012 metr⊕

Back-to-school breakfast gets Blueberry-Banana Waffle boost

The best way to start the day is with a good nutritious breakfast, and you can't get much more fun in the morning than with waffles.

This recipe can easily be made in a big batch, days ahead and frozen. During busy Monday to Friday mornings, just pop frozen homemade waffles in the toaster for a grab-and-go breakfast for the kids. Children will probably only eat half a waf-

Serve them with pure Canadian maple syrup, honey, jam or even yogurt.

If you don't have barley flour, you can substitute with the same amount of all-purpose or whole wheat flour. pose flour, barley flour, wheat germ, sugar, baking powder, baking soda and salt. In another bowl, whisk together buttermilk and eggs. Combine wet and dry mixtures; stirring to combine. Fold in butter.

2. Fold in bananas and blueberries until blended.

Fill your waffle iron with approx 1 cup (250 ml) of batter per waffle. Cook until golden and cooked through, about 5 minutes. Transfer waffles to baking sheet and keep warm in 200 F (100 C) oven until ready to

- 1-1/2 cups (375 ml) all-purpose
- 1/2 cup (125 ml) barley flour
- 1/4 cup (50 ml) wheat germ
- 2 tbsp (25 ml) granulated sugar • 1 tbsp (15 ml) baking powder
- 1/2 tsp (2 ml) baking soda
- 1/2 tsp (2 ml) salt
- 1 cup (250 ml) buttermilk
- 2 eggs, beaten
- 1/4 cup (50 ml) butter, melted
- · 2 ripe bananas, mashed
- 1 cup (250 ml) blueberries (if using frozen, blueberries should be thawed and drained)



4. Keep waffles in one layer to keep crisp. Continue with step 3 until remaining bat-

ter is finished. If freezing, let waffles cool completely, double wrap in plastic wrap,

weeks.

EGG FARMERS OF ONTARIO

Drink of the Week

Caramelized **Brown Sugar** Banana Milkshake

- 1 tbsp butter
- 2 tbsp brown sugar
- 2 bananas, peeled and halved lengthwise
- 2 cups milk
- 1 cup vanilla ice cream
- 1/2 tsp cinnamon
- Pinch of salt

In skillet over medium heat, melt butter. Sprinkle in brown sugar and stir until bubbling. Add bananas, reduce heat to low and cook 3 mins., or until evenly browned. Use spatula to turn bananas and brown on other side for 3 mins. Remove skillet from heat and let cool 15 mins. Once cooled, use silicone spatula to scrape bananas and any liquid and caramelized bits in the skillet into a

er. Add milk, ice cream. namon and salt. Purée until very smooth. THE ASSOCIATED





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Nori Red Pepper Omelette. Punch up the flavour of this morning favourite



- 1. Crumble or cut the nori into small pieces. In a medium bowl, combine the nori and eggs. Beat well, mixing in 1/2 teaspoon each of salt and pepper. Set aside.
- 2. Use paper towels to blot away as much moisture as possible from the red pepper. Cut it into small chunks.
- 3. In a medium skillet over medium-high, melt the butter. Reduce the heat to medium and add the egg mixture. Cook until the bottom is firm, about 4 minutes.
- **4.** Scatter the red pepper and scallions evenly over half of the egg. Sprinkle the cheese over the vegetables. Use a spatula to carefully lift the other half of the omelet and gently flip it

over onto the fillings. Cover the pan and cook for another 6 to

5. When the eggs are set at the centre and the cheese has melted, cut the omelet in half and season with salt and pepper, as needed.

THE ASSOCIATED PRESS

- · 2 sheets nori seaweed, toasted
- 6 eggsSalt and ground black pepper
- 1 roasted red pepper 1 thsp butter
- 2 scallions, finely chopped
- 1/4 cup grated Parmesan

metronews.ca Wednesday, September 5, 2012

WORK/EDUCATION 19

Working environment

It's getting easier to be green. Get to know how going to work can better the world around you

ISHANI NATH

Some say you only have two options in life: go big or go home. But when it comes to the environment, the only option may be to go green so we can have a home for years to come.

Whether you believe in climate change or not, the fact is that we have treated Mother Earth worse than that ratty old teddy bear from your child-hood.

We've neglected her, put her through the ringer, and destroyed her with chemicals and toxins to the point that she's in need of a solid repair job.

While climate change may be impacting the entire globe, each country is reacting to environmental shifts differently.

What exactly is a "green job"? Green jobs in Canada are still in their awkward teenage years — they're still trying to figure out exactly who and what they

According to a report by the Organisation for Economic Cooperation and Development

A friendlier future

While the green industry may still be trying to figure out its identity, it is growing up quickly.

 According to the 2006 census, the current green workforce is made up of approximately 640,000 Canadians and equals four per cent of our country's total labour force.



ducation as skills that will be in high demand over the next few years. ISTOCK

(OECD), countries such as Germany, Finland, Korea, Portugal and, most recently, the United States have officially defined what is considered a "green job" in their nations and thereby recognized their growing environmental sectors.

Canada, on the other hand, still has some growing up to do. What constitutes a "green job" in our home and native land is currently undefined, so the term tends to encompass the various industries and occupations that deal with the environment.

For lack of official national definitions, ECO Canada recently defined a number of green career terms in their Defining the Green Economy: Labour Market Research Study.

Here are some of the key terms from that study that every student and recent grad who is planning to start a green career should know:

Green economy

All activity operating with the primary intention of reducing conventional levels of resource consumption, harmful emissions, and minimizing all forms of environmental impact. The green economy includes the inputs, activities, outputs and outcomes as they relate to the production of green products and services.

Green organization

An organization (in any industry) that produces goods or services designed to minimize environmental impact.

Green job

A job that works directly with information, technologies, or materials that minimize environmental impact, and also requires specialized skills, knowledge, training, or experience related to these areas.

Green skills

The knowledge, training or experience as they relate to technologies or materials that minimize environmental impact.

ISHANI NATH IS A PROUD MCMASTER UNI-VERSITY ALUMNAE, ASPIRING WRITER AND CURRENT JOURNALISM GRAD STU-DENT AT RYERSON UNIVERSITY.

TALENTEGG.CA IS CANADA'S LEADING JOB SITE AND ONLINE CAREER RESOURCE FOR COLLEGE AND UNIVERSITY STUDENTS AND RECENT GRADUATES.

Student Voice

'Just having a degree won't cut it in the real world'

Lisa Bui Student International Relation University of Calgary

TalentEgg.ca

The degree that I am currently studying to obtain, International Relations at the University of Calgary, is a very vague designation. People either scratch their heads at my program or assume we will all funnel into jobs at the United Nations. Since my degree is limitless, I don't have a clear direction of what career I truly want to pursue, though I favour the non-profit or the public sector.

Rejection always hurts. I used to send out 10 emails on a job hunting day, attached with uniquely addressed resumes and cover letters, and if I was lucky, I would receive two emails stating they had already selected someone else for the job. If I happened to be unlucky, I received not a single reply. These were entry-level positions that would hire high school students and post-secondary students.

I realized I was knocking on all the wrong doors and, more importantly, realized it was who I knew that could aid my job search. I had been an active volunteer for the Canadian Red Cross and I was selected to attend a Government of Alberta non-profit sector conference, Vitalize. At that conference, I received information about an internship program that was exclusively with non-profits. Then I successfully obtained

an internship at TELUS Sparks as an Education Module Developer, where I used the experience to develop skills for a possible career in project management.

Where I am now

I am entering my third year at the University of Calgary. I will be juggling my studies while volunteering for the Canadian Red Cross as President of the University of Calgary Red Cross Club.

My advice for students

Advancing your career will largely depend on who you know. Networking skills are invaluable; rather than trying to be interesting, be interested in your co-workers, employers and organization. Also, find out your strengths and apply for jobs that match your skills with their assignments. Companies hire people for what they can do - not for what they can't. Lastly, just having a degree won't cut it in the real world. Gain experience by volunteering or a meaningful internship and you can jump into mid-level positions rather than entry-level positions.

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Backup goaltender's dream within reach

Mobile sports



Murderball remains a calling card for wheelchair rugby years after it was in theatres. The documentary featuring the Canadian and U.S. teams was a raw, unflinching look at the lives of wheelchair athletes in a sport as laden with testosterone as the able-bodied version. Scan the code

for the story.



QMJHL. Goaltender Chris Clarke is on his hometown team but has two peers to compete with



MATTHEW
WUEST
matthew.wuest@metro

Three might be a crowd, but Chris Clarke is keeping the right kind of company.

The Fall River native is one of three goaltenders who will start the season with the Halifax Mooseheads, and there's no telling when, or even if, the axe will fall on the superfluous stopper.

Quoted

"I got to experience being on a QMJHL team last year with Gatineau, but it feels even better to be on my hometown team." Mooseheads goaltender Chris Clarke, a Fall River native But making the Mooseheads as a walk-on free agent borders on dream scenario for a 19-year-old who was playing junior A for Dartmouth's Metro Marauders last season and buying Mooseheads playoff tickets to watch his hometown QMJHL team from the stands.

"I went to a few games, the ones I could get tickets for, because it was a packed house," Clarke recalled. "I was saying, 'I want to be in that net next year at that time."

With reigning Mooseheads co-MVP Zach Fucale back as a 17-year-old, Clarke starts the season as a co-backup of sorts with fellow 19-year-old Anthony Terenzio.

Terenzio has appeared in 42 career QMJHL games with the Mooseheads but is in the early stages of a comeback after missing 10 months with a concussion and various other ailments.

Clarke has just eight games of QMJHL experience after spending the first half of last season with the Gatineau Olympiques, who selected him in the seventh Twitte

Clarke pokes fun at himself

Chris Clarke doesn't mind poking a little fun at himself. He can be found on Twitter using the handle @PineRider30, a self-deprecating jab at his backup status

backup status.
"I thought I'd put a
little humour into sitting
on the bench a lot, rather
than the downside of it,"
he said with a laugh. "It
caught on, so I kept it."
Clarke had 386 follow-

Clarke had 386 followers as of Tuesday night and is one of 22 players on the Mooseheads with known Twitter accounts.

round of the 2010 draft.

"I actually like it," Clarke said of the goaltending logjam. "It keeps me on my toes, knowing there's another guy knocking on the door for my spot. I don't mind the challenge."

All three goaltenders

spent last weekend in Montreal working with Mooseheads goaltending coach Eric Raymond.

Clarke is the biggest of the three — listed at sixfoot-two and 178 pounds — and has learned plenty in his three weeks with the team.

"I was without a goaltending coach all summer, so it's been good to start tuning up on things," Clarke said. "Eric's really working on making my game easier, wasting less energy, playing more conservatively, and I really like it."

Mooseheads general manager Cam Russell has said there's no timetable for a decision on the goaltending front, but it's clear he wants to give Terenzio a chance to get healthy and prove himself.

In the meantime, Clarke has an opportunity to make Russell's decision much more difficult.

"I grew up watching the Mooseheads as a kid and always dreamed of playing for them," Clarke said. "I've just got to keep working and hopefully good things will happen."

Hockey

KHL extends welcome if NHL stars locked out

With time ticking down until the NHL is expected to lock out its players, KHL teams and executives are bracing for a windfall. The Russian-based league will open its arms to NHL players who wake up Sept. 16 without a place to play because it believes it can capitalize while arenas go dark around North America.

"Mainly I think it's going to be a lot of additional marketing potential for the league and hockey itself as a game," KHL vice-president llya Kochevrin told The Canadian Press on Tuesday. THE CANADIAN PRESS

Paralympics

Mortimer extends golden summer

Summer Mortimer has her second gold medal of the London Paralympics, and once again she won in record style.

The Hamilton, Ont., native won the women's \$10 backstroke in a world-record time of one minute 5.90 seconds.

Mortimer also won gold in the 50-metre freestyle event in world-record time last week.

"This feels absolutely amazing," said Mortimer, who also won a silver medal in the 200 individual medley earlier at the Games. "I haven't been that fast since I was ablebodied." THE CANADIAN PRESS



MLB

Blue Jays shut out again by Orioles

Mark Reynolds hit a home run and drove in four runs on Tuesday while lefthander Zach Britton held the Blue Jays to four hits over seven innings as the Baltimore Orioles routed Toronto 12-0.

The Blue Jays are 9-25 since July 30. The Jays were out-hit 18-4

THE CANADIAN PRESS

Miami

Dolphins opt to go young at backup QB

Quarterback David Garrard has been released by the Miami Dolphins, leaving Matt Moore as the veteran backup to rookie starter Ryan Tannehill.

Garrard signed in March and climbed atop the depth chart in training camp before he was sidelined by a left knee injury that required arthroscopic surgery Aug. 11. In his absence, Tannehill claimed the starting job for Sunday's opener at Houston. THE ASSOCIATED PRESS

Buffalo

Bills lose corner **Brooks for chunk** of season

Bills rookie cornerback Ron Brooks will miss at least eight weeks after being placed on a short-term injured reserve list, and the team also re-signed receiver Ruvell Martin on Tuesday.

Brooks, who had surgery to repair a broken foot last week, will be eli-gible to return this season after being placed on the NFL's newly created IR/ designated for return list THE ASSOCIATED PRESS



"We recognize if he's able to get in this first ball game, it'll be with

limited exposure."

Vikings coach Leslie Frazier, who said the Vikings would not make a decision on Adrian Peterson's status until gameday. The star running back went down with a torn left ACL in the second-to-last game of the 2011 season.

Giants, Cowboys set to rekindle rivalry



NFL. Champion Giants seek to silence critics while Cowbovs want redemption and fresh outlook in 2012-2013

A good start is what is on the line this time when the New York Giants host the Dallas Cowboys in the NFL season opener.

The stakes were much greater the last time the NFC East foes faced off to close the last regular season. New York won to claim the division title en route to the Super Bowl title. Dallas was left out of the postseason.

On Wednesday night at MetLife Stadium in East Rutherford, N.J., the winner will take



"That's what fuels you in the off-season and makes you ... want to remember those moments so you can improve from them."

Cowboys QB Tony Romo on last year's season-ending loss to the Giants

the early upper hand in the divisional race

For the Super Bowl champion Giants, this will be a chance to silence the critics and detractors who have sounded off repeatedly after they beat the New England Patriots in February to claim their second title in five seasons.

The Giants heard it all: They were lucky to get into the play-offs with a 9-7 record. They really didn't beat the Packers or 49ers, they were just handed the games.

That is now over.

The goal for Tom Coughlin's players is to show they have constructed that bridge the 65-year-old coach urged them to build to link their late-season 6-0 run to the title to the 2012 campaign.

The leadership we have on this football team, that's going to be the spine of the bridge, if you will," defensive captain Justin Tuck said. "I think we're in a good place as far as where

Never have so many teams

Cowboys' goals

- Jerry Jones' Cowboys face a much different task after an 8-8 campaign that ended with an embarrassing 31-14 loss to the Giants on New Year's Day.
- The outspoken owner knows the window for the aging Cowboys to return to the franchise's glory years are fading fast.

we want to be coming into the game."

The Giants are confident. and they don't care what outsiders are saying about them.

"We've already showed people who we are," safety An-trel Rolle said. "We can care less about that," THE ASSOCIATED PRESS



Secondary issues

Both teams have questions in their secondary. The Cowboys' was amongst the worst last season, which led to an overhaul. The Giants are missing usual starter, Terrell Thomas (ACL) and his backup, Prince Amukamara, is out with a high-ankle sprain. Could be a high-scoring opener.



Nicked-up Nicks

Giants receiver Hakeem Nicks, who still has some soreness in his surgically-repaired foot, said he has "no doubt" he will be on the field. But how effective will he be? Nicks has had little to no work since breaking his foot on May 24.



Bennett's break out?

Newest Giants' tight end and former Cowboy - Martellus Bennett gets a chance to prove his old team wrong. Look for a big game from him METRO

'Playing early, but playing well'

Youth and inexperience have taken over the most important position in the NFL.

Ten starting quarterbacks this season have been in the league one year or less, with five teams letting rookies run

most. No more.

seen in football in the last 25 years is the amount of young quarterbacks that are now playing early, but playing well," said Jon Gruden, a former coach and current tele-

taken chances with so little experience at quarterback. This year's group of up-and-comers includes rookies Rob-ert Griffin III in Washington, Andrew Luck in Indianapolis, Ryan Tannehill in Miami, Brandon Weeden in Cleve-

land and Russell Wilson in Seattle. They join secondvear starters Åndy Dalton in Cincinnati, Blaine Gabbert in Jacksonville, Jake Locker in

Tennessee, Cam Newton in Carolina and Christian Ponder in released by the Colts. Minnesota

Steelers planning for Manning to be outstanding

Returning from injury

Steelers coach Mike Tomlin expects to see the same old Peyton Manning when Pittsburgh travels to Denver for the season opener on Sunday night.

Tomlin believes Manning will "be at his very best" while playing in a game for the first time since Indianapolis lost in the wild card round of the 2010 playoffs.

The 11-time Pro Bowler missed last season after undergoing neck surgery. He landed in Denver after being

It's been nine months since the Broncos and Tim Tebow stunned the Steelers in overtime in the wild card round of the playoffs, but this is a rematch in name only. It's more of a coming-out party for Manning, who will wear something other than Colts' blue and white for the first time in the regular season. THE ASSOCIATED PRESS



"He needs no endorsement from me. His

resumé is his resumé."

Steelers coach Mike Tomlin on the return

The starting 10 quarterbacks with one year or less in the NFL is the most since 1950, according to STATS LLC. That's the year that the league absorbed three teams from the All-America Football Conference, including the

the show. It's an unprecedented move in the NFL, where experience is a favoured trait for those who handle the ball

"One of the most astound-

THE ASSOCIATED PRESS

((SiriusXM))

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- Mileage: L/100 km: (city/hwy)
- Base Price (incl. destination):

Seating

Accessing the rear seat through the rear passengerside door is awkward for adults, owing to the sloping roof, but, once aboard, the seats are hospitable enough as long as those in front exercise due consideration for the legs of those in back. The generous cargo area is long and deep enough to hold a camping trip's worth of gear.



Different look and feel

To differentiate the Turbo, the grille and rear-valence opening are much bigger there's different sill cladding as well as 18-inch wheels with a chrome inlay (regular Velosters use 17-inch wheels). The artsy taillights and headlights are also different and are worth a careful inspection.

. Hyundai has tweaked the

suspension to a point where, from the driver's perspective, it's hard to imagine the Turbo was ever derived from the original. The tighter underpinnings and recalibrated (faster-acting) steering mean improved vehicle control and reduced body lean when cornering. And, when compared to the 2012 model we drove last fall, the Turbo has a much smoother ride

On the Web



Review. You loved the look — now, you will love the drive

MALCOLM

GUNN

Is the sleek and slippery Veloster Turbo the kind of soul-stirring ride that would make you leverage your credit just to park one in your driveway?

The answer to that is likely yes, especially if appearing cucumber-cool in this finely tailored Hyundai for a lessthan-princely sum is how you want to roll.

The now-in-stock Turbo is the latest take on the Koreabased automaker's base Veloster that created quite a stir when it launched last fall for the 2012 model year.

The entry-priced fastback/ hatchback/wagon/sporty machine has left its cookiecutter competition in the dust and the unique single-

driver's-side door/doublepassenger-side door design is the asymmetrical punctuation mark to a car that defies convention or comparison.

But if there's one detectable shortcoming, it's the base 138-horsepower fourcylinder engine — shared with the Accent, among other Hyundai offerings that delivers impressive fuel economy, but is ultimately not a match for the sporty image that the body projects. Cue the Veloster Turbo,

with a turbocharged 1.6-litre engine that improves output

to 201 horsepower.

Just as important, the torque rating shoots to 195 pound-feet from 123. And unlike some other turbocharged vehicles out there, the engine is designed to run on regular gas instead of premium.

well-equipped Veloster Turbo rings in at \$27,500, including destination charges, or about \$6,500 more than the base model.

All in all, it's definitely worth the upgrade.





On one hand, we love the long driver's door that makes getting in and out a cinch. On the other, the rear passenger door makes it easy to get the kiddic



Mini Cooper Clubman S Base price: \$30,550



2Subaru WRX hatchback Base price: \$35,000



Chevrolet Sonic LTZ Base price: \$22,500



metronews.ca
Wednesday, September 5, 2012

Designated texter the new auto-safety superhero

Autopilot



AUTO PILOT Mike Goetz drive@metronews.ca

The designated driver concept works like a charm, so not surprising that the concept of the designated texter is gaining traction.

But I'm wondering about this: designated drivers have to be licensed and sober. Designated texters just have to be "not driving" and sitting in your car, a pretty low bar of qualifications.

What if they can't spell necessary words like imbecile and subpoena? What if they routinely mix up terms like self-deprecating and self-defecating?

defecating?
What if they have good vocabulary, grammar, and punctuation, but have the emotional IQ of a walnut?

What if they're drunk and always had a thing for your main squeeze? Shouldn't there be some kind of screening process to make sure your personal correspondences

Texting and driving facts

- 5 seconds is the average time your eyes are off the road while texting.
- When travelling at 88 km/h, that's enough time to cover the length of a football field.
- A texting driver is 23 times more likely to get into a crash than a non texting driver.
- 34 per cent of teens who drive while distracted simply say they're used to multi-tasking.

STOPTEXTSSTOPWRECKS.ORG

won't be comprised?

In the long run, however, I guess those issues are minor when you consider what's at stake. According to the U.S. campaign called Stop the Texts. Stop the Wrecks, a texting driver is 23 times more likely to get into a crash than a non-texting driver.

The campaign was created by a team of several U.S. safety groups last year, and just recently created a series



of public safety announcements featuring an actual scene from Glee, the popular TV series about singing high schoolers. In the spot, Dianna Agron's character, Quinn Fabray, crashes her car as a direct result of texting and driving.

You can see the spot at

either Distraction.gov or StopTextsStopWrecks.org.

The latter is one of the first places to use the term "designated texter" and to promote its use, in their Tips section. Some tips are painfully obvious, like, "When you're in the car, put the phone where you can't get it," and "Turn the notifications off."

Another tip was extremely not obvious to me: "An app can help you stop texting." Apparently there is an app for that ...

But "Designate a texter" is the one with the most potential for humorous calamity, so that's the one I'm really getting behind.

Whatever your choice — or choices — doesn't matter, as long as you're with the program, and maybe even advocating about it a bit.

Teens are especially vulnerable, because they text the most, and are the most inexperienced drivers.

That generation also has the most fundamental and substantial umbilical cord to texting. To them it's like breathing. John Voelcker of Green

John Voelcker of Green Car Reports recently noted a conversation he had with a GM engineering executive looking into distraction and driving.

The GM man told Voelcker that most of the young people who were being surveyed by the automaker on this issue were confused by the questions, and eventually had to set GM straight.

You don't understand, they said, it's not the device that is distracting me from driving, it's the driving that is distracting me from what I would rather be doing, which is using the device (for communicating).

Wow.



STS provided a taste of American luxury

Second Gear.

2005 to 2011 Cadillac STS

JUSTIN PRITCHARD

drive@metronews

Cadillac's luxury and performance flagship was called the STS — and it amounted to a handsome luxury sedan available in its last generation from 2005 to 2011 inclusive.

Bringing some American presence to the luxury scene occupied heavily by BMW, Mercedes and Lexus, the STS could be had with world-class equipment levels including xenon lights, sport suspension, Bose audio, adaptive cruise control, remote start and more.

Common Issues

Some issues, though inconclusive, were noted with oil consumption and (possibly related) timing chain failure, which is expensive and potentially catastrophic to the engine. A lower mileage engine that's had religious oil changes is your safest bet.

Have a mechanic inspect the STS for signs of leakage from the engine, transmission and differential.

Also, avoid any model that exhibits a 'shudder' through the driveline at lower speeds and r.p.m.'s. This could be a sign of a bad torque converter, which is expensive to repair.



TORSTAR NEWS SERVICE

Engine

Look for a 3.6-litre V6 with 260 or 302 horsepower, depending on the year in question. A 4.6-litre, 320-horsepower 'Northstar' V8 could also be specified. Automatic transmissions were standard on all models and AWD could be specified.

What Owners Like

Handling, performance, looks, exclusivity, comfort and even fuel mileage were all highly rated by owners of the STS taking to the web to share their stories.

What Owners Dislike

Many STS owners wish for more onboard storage, and a less-complicated navigation system.

Verdict

As with many luxury cars, the driving experience, comfort and looks of the STS are its largest draws as a used buy. Careful shopping and a thumbsup from a Cadillac-trained mechanic should be considered mandatory ahead of your purchase.

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2012

Supreme Court of Nova Scotia

Hfx. No. 394506

Plaintif

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-and-

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Notice of Public Auction

To be sold at Public Auction under an order for foreclosure, sale, and possession, unless before the time of sale the amount due to the plaintiff on the mortgage under foreclosure, plus costs

to be taxed, are paid: Property: ALL that certain parcel of land known as 177 Thomas Street, Lake Echo, Halifax

County, Nova Scotia also known as PID 40539256 and more fully described in the mortgage recorded at the Halifax County, Land Registration Office] at document number 93625177. The parcel has been registered pursuant to the Land Registration Act.

A copy of the description of the property, as contained in the mortgage under foreclosure, is on file at the sheriff's office and may be inspected during business hours

Date of Sale: Thursday, September 27, 2012

Time of Sale: 12:30 p.m. p.m. in the afternoon, local time

Place of Sale: The Law Courts, 1815 Upper Street, Halifax, NS B3J 1S7

Terms: Ten per cent (10%) deposit payable by cash, certified cheque, or solicitor's trust cheque at the time of sale, remainder within fifteen days upon delivery of deed.

Signature

Signed on the day of August, 2012

Sheriff for Halifax County, Province of Nova Scotia

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BY MICHAEL WIESENBERG

T Aries

March 21 - April 20

Listen to your conscience and act on what it tells you. You know from past experience that if you ignore your inner voice you are likely to regret it. Why tempt fate when so many things are going right for you?

Taurus

April 21 - May 21The Sun in the most positive area of your chart means if there is something you want or someone you desire, now is the time to make your play. There can be no more excuses: get on

∐ Gemini

May 22 - June 21

If there is something you can do for a friend or family member then do it and don't think of the cost. When you do a good deed, you make it more likely that good things will come back to you.

9 Cancer

June 22 - July 23

Facts and figures must come first today, both in your personal life and at work. Other people's hard luck stories may move you to tears but how do you know they are telling the truth? Do your own

Leo

July 24 - Aug. 23

There are times when it all seems to come together and while you may not quite have reached such a time yet it cannot be far away. Look out for pointers over the next 24 hours and follow them.

W Virgo

Aug. 24 - Sept. 23 Make the most of the Sun in your sign to start a new phase in your life, one that builds on the experiences of previous events and experiences. If there is something you truly desire, start working towards it now.

△ Libra

Sept. 24 - Oct. 23

The Sun remains in the most sensitive area of your chart for the next three weeks or so. which means you need to be positive and you need to be kind to yourself. Don't worry. Everything will work out fine.

M Scorpio

Oct. 24 - Nov. 22

You might be tempted to say what you think other people want to hear but both you and they will regret it later on. Today's Mercury-Mars link urges you to be brutally honest. Don't skimp on the

Sagittarius Nov. 23 - Dec. 21

Be nice to those who might be able to further your career interests in some way. Even if they are not really your kind of people, it won't hurt to get on their good side — in a dignified way, of course.

り Capricorn

Dec. 22 - Jan. 20

This is a good time to be on the move, especially if you are the kind of Capricorn who gets bored with the same old faces and places. If you can arrange a vacation at short notice then go for it now.

Aquarius Jan. 21 - Feb. 19

According to the planets, time is running out on a project that should have been finished by now. You can still get it done but you have got to put it at the top of your To Do list and then do it.

H Pisces

Feb. 20 - March 20

You will find it easier to reach your goals if you team up with someone who shares your general outlook on life. You don't have to agree on everything — in fact your differences will bring balance to the relationship.

ord: Stuff and Nonsense

Across

- 1. Winnipea's River 4. Male youngster
- 7. Lie
- 12. '60s sitcom star Dick
- Van
- 14. Ontario tribe
- named from Canadian Forces Air Command, for short
- 16. Armed robbery
- 19. "I'm unable to do it"
- 20. Ontario-born Scream
- 21. Is worthwhile
- the Last Dance for 22.
- 23. Ontario-born Howie of Deal or No Deal
- 27. Approach harvestabil-
- 28. Porgy and Bess lyricist
- 31. Popular music player
- 32. Crapshooter's boxcars

- 35. Alberta NHLer
- 36. 1,000 kilograms
- knife-born Lois Lane portrayer in four Superman movies
- 39. Hand-held holers
- 43. Bay surrounded by

- 10. Dump water overboard
- 13. Call at home plate
- 15. Outfit recently re-
- 17. Harper group
- star Campbell

- 25. Gasoline unit
- Gershwin
- 33. Castle barrier
- 34. Also
- 37. Margot ___: Yellow
- 40. Auctioneer's final word 41. Bigoted attitude
- 42. Feeling down
- Nunavut, Manitoba, On

- tario. Québec words were 45. never spoken"
- 47. TV, familiarly Scotia
- 51. Rowboat equipment 52. Slippery fish
- 53. Be apropos for 54. Debussy's "La
- ("The Sea") 55. Watch
- _ Gamgee: unwilling visitor to Mordor

Down

- 1. Bank founded in 1864 in Halifax: initialism
- 2. Corn unit
- 3. Calorie watch 4. French high school 5. Aliases
- 6. ___ Leppard accompli: done
- deed 8. "No , ands, or
- 9. Wager 11. Montréal singer-poet
- Cohen most known for "Suzanne"
- 12. A: or C:, on a computer
- 13. Sixth : ESP 16. "The Creation" com-
- poser Franz Joseph 18. French dream
- 19. Christmas tree candy hangings
- 21. Metro, for one 22. Bale of hay or straw, in
- the Prairie Provinces 23. Boy-meets-girl event 24. CFL West Division team

- com: initialism 27. Angered 41. BC-born pop singer
- 29. Became a candidate 30. Consumed

26. Big event for a dot-

- 32. Move like a crab 33. ___ Canadian (beer)
- 35. Smell
- 36. "___ the night before Christmas ...'
- 38. Archipelago compon-
- 39. Assistants
- Michael 42. Raymond Westminster, BC-born
- Perry Mason portrayer 43. Louie and Dewey's brother

ents

- 44. Entre _: between us 45. Stray cat
- 46. Edmonton-born actress ___ Dawn Chong, daughter of Tommy 47. Casual wear 49. __ Rail Canada 50. Cash cache



See today's answers at metronews.ca/ answers.



How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and

Yesterday's Sudoku

7	5	6	4	1	2	3	9	1
9	4	1	0	0	3	7	5	4
0	2	0	9	7	5	0	4	
4	7	9	8	6	1	2	3	8
1	3	6	2	4	9	8	7	4
6	8	2	3	5	7	4	1	9
3	9	4	1	2	8	5	6	7
2	6	7	5	9	4	1	8	1
5	1	8	7	3	6	9	2	á

				9		8	2	7
		6						4
	8				4		3	
			5			2		
8	9		1		3		5	6
		7			9			
	5		9				4	
2						1		
7	3	1		8				

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